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CMS Report on Restraints

ABSTRACT: Report discusses progress in restraint reduction.

The Centers for Medicare & Medicaid Services (CMS) has issued a Survey and Certification letter (S&C-09-11) highlighting the progress made in reducing restraints in nursing homes over the past two decades since the implementation of OBRA 87. In 1991 the national restraint rate was 21.1 percent, and as of 2007 the rate had been reduced to less than 5 percent. The full report can be accessed from the following link:
<http://www.cms.hhs.gov/SurveyCertificationGenInfo/downloads/SCLetter09-11.pdf>.