

## **CMS Distributes Free Dementia Training Materials**

CMS is in the process of sending free copies of *Hand in Hand*, a new training series for nursing home staff on person-centered care of persons with dementia and prevention of abuse, to all participating nursing homes. The training materials consist of an orientation guide and six one-hour video-based modules, each of which has a DVD and an accompanying instructor guide. Nursing homes may use *Hand in Hand* as their training tool to meet requirements for annual nurse aide training on dementia care and abuse prevention, but are also free to use other resources. The training materials are part of an overall CMS initiative to improve behavioral health management, reduce unnecessary antipsychotic drug use and promote resident-centered care.

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