



FOR IMMEDIATE RELEASE

Methodist Home for Nursing & Rehabilitation Receives Recognition from Major News Organizations and the Centers for Medicare & Medicaid Services

Riverdale, NY (November 13, 2024) – Methodist Home for Nursing & Rehabilitation, located in Riverdale, NY, is proud to announce that it has been recognized as one of the nation’s best nursing homes for 2025 by both *Newsweek* and *U.S. News & World Report*. The Home has earned accolades for excellence in care, being named to *Newsweek*’s list of “America’s Best Nursing Homes” and receiving the highest possible rating—“High Performing”—from *U.S. News & World Report* for both long-term care and short-term rehabilitation. Additionally, Methodist Home is a **five-star rated facility** by the Centers for Medicare & Medicaid Services (CMS), underscoring its commitment to providing outstanding care.

These prestigious recognitions come after an extensive evaluation of nursing homes across the country, taking into account key performance metrics such as health inspections, staffing levels, resident satisfaction, and overall quality of care provided. Methodist Home’s recognition is a testament to its exceptional services and dedication to the well-being of its residents.

“We are incredibly honored to receive these distinguished recognitions from both *Newsweek* and *U.S. News & World Report*,” said Maria Perez, Administrator & CEO of Methodist Home for Nursing & Rehabilitation. “These awards reflect our team’s hard work and commitment to providing the highest standard of care. We are particularly proud of our strong track record in helping residents achieve meaningful recovery, with excellent success rates in discharging individuals who no longer require skilled nursing care, allowing many to transition successfully to lower levels of care such as assisted living or independent living.”

The Rankings

Newsweek evaluated over **14,000 nursing homes nationwide**, recognizing only **1,050** as “America’s Best.” In New York State, where more than 600 facilities are located, **only 69 earned this distinction**. These rankings are based on a variety of factors, including staffing, health inspections, reputation, and resident satisfaction, as compiled by the research firm Statista.

U.S. News & World Report assessed over 15,000 nursing homes, awarding its highest rating of “High Performing” to only 19% of facilities in either long-term care or short-term rehabilitation. The rankings are determined by staffing levels, health outcomes, resident feedback, and adherence to federal standards.

In addition to these recognitions, Methodist Home holds a **five-star rating** from CMS, the highest possible rating awarded to nursing homes based on health inspections, quality measures, staffing levels, and more. This CMS distinction further reinforces the facility’s commitment to excellence in care.

A Commitment to Excellence

Methodist Home for Nursing & Rehabilitation’s comprehensive approach to care has consistently yielded outstanding outcomes for residents. The Home’s rehabilitation programs are designed to accelerate recovery and help individuals return to their homes or to more independent living environments as quickly as possible. The facility has a strong track record of successfully discharging residents who no longer require skilled nursing care, with many transitioning to lower levels of care, such as assisted living or independent living, after completing a successful bout of rehabilitation and nursing services.

“Our dedicated team of professionals is committed to providing individualized care that maximizes each resident's potential for recovery,” said Perez. “Whether it’s physical therapy, occupational therapy, or specialized support for chronic conditions, our goal is to provide the best possible outcomes for every resident.”

About Methodist Home for Nursing & Rehabilitation

Founded in 1850 by seven Methodist women, Methodist Home for Nursing & Rehabilitation in Riverdale, NY, has been a trusted provider of skilled nursing and rehabilitative care for over 170 years. The Home’s mission is to offer a compassionate, intimate environment for those in need of care, with services that include short-term rehabilitation, long-term care, memory care, and therapeutic programs designed to enhance independence and quality of life. Methodist Home’s commitment to dignity, health, and independence is reflected in its consistent ratings of excellence and the exceptional care provided by its skilled and dedicated staff.

For more information about Methodist Home for Nursing & Rehabilitation, please visit methodisthome.org or call **718-548-5100**.

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