



United Hebrew Announces Leadership Change:

After Nearly 50 Years of Service, Rita C. Mabli to Become Senior Advisor as Mark J. Sanchez Appointed President & CEO



New Rochelle, NY — October 8, 2025 — United Hebrew of New Rochelle, a 106-year-old senior services campus dedicated to enriching the lives of older adults, announced today that President & CEO **Rita C. Mabli** will step down at the end of 2025 after nearly five decades of service. She will assume the role of **Senior Advisor to the new CEO and to the Board of Directors** and continue to serve on the organization’s board and executive committee.

Mark J. Sanchez, current Administrator and Chief Operating Officer of United Hebrew’s nursing home, will succeed her as President & CEO **effective January 5, 2026**.

Board Chair Rosemary McLaughlin shared the news, saying: “Rita has been the heart of United Hebrew for nearly 50 years. Her vision, compassion, and leadership have shaped our organization into a nationally recognized model of senior care. We are deeply grateful for her service and fortunate that she will continue to be part of our community. At the same time, we are excited to welcome Mark into this role. His leadership, experience, and commitment to our mission make him the right person to guide United Hebrew into the future.”

A Legacy of Leadership

Rita Mabli joined United Hebrew in 1976 and has dedicated her entire career to the organization. She became CEO in 1994 and President in 2007, the first woman to hold either role. Under her leadership, United Hebrew grew from a modest home for the aged into a comprehensive campus of care, offering skilled nursing and rehabilitation, assisted living, memory care, affordable senior housing, and home health services. Today, the campus serves more than 1,000 residents and clients each day.

Mabli is widely regarded as a trailblazer in senior care. She championed a culture of kindness and respect that led to one of the lowest staff turnover rates in New York State and consistent national recognition for United Hebrew, including U.S. News & World Report's "Best Nursing Homes," multiple Eli Pick Leadership Awards from the American College of Health Care Administrators, and five consecutive years of five-star ratings from the Centers for Medicare and Medicaid Services.

She has also been recognized nationally and regionally for her contributions, receiving the first McKnight's Pinnacle Award, and was named a Crain's Notable Healthcare Leader, Westchester Magazine Healthcare Hero, Westfair C-Suite Executive, Westchester County Association Healthcare Champion, and a Westchester Public Private Partnership for Aging Services Impact Awardee, among many others.

Reflecting on her career, Mabli said: "I am proud of all we have accomplished together at United Hebrew. It has been the work of a lifetime, made possible by guidance from our dedicated board of directors and support from our staff who care so deeply for our beloved residents. I am confident that under Mark's leadership, our campus will continue to thrive. Our mission, vision, and values are in excellent hands."

From COO to CEO: Mark Sanchez Steps into Top Role

Mark Sanchez joined United Hebrew as Administrator of the nursing home in 2023, bringing more than a decade of healthcare leadership experience and a unique personal connection to senior care. His career began at age 14, working in his family's assisted living facility, and in 2012, he trained as an Administrator-in-Training at United Hebrew under Mabli's mentorship.

"This is not just a job for me, it's a homecoming," said Sanchez. "United Hebrew has been part of my professional journey from the start, and I am deeply honored to step into this role. Rita has built an incredible legacy of compassionate care, and my commitment is to listen, to learn, and to work alongside our staff to ensure that legacy continues as we grow into the future."

With a background in both healthcare and finance, Sanchez is a New York State-licensed nursing home administrator and serves on the National Mentoring Committee of the

American College of Health Care Administrators, where he is also President of the New York Chapter. He is known for his collaborative leadership style, operational expertise, and dedication to person-centered care.

About United Hebrew

United Hebrew is a vibrant not-for-profit, non-sectarian, multiservice campus of comprehensive senior care, nestled on 7.5 acres in New Rochelle, NY. United Hebrew has served the Westchester metropolitan area since 1919 and today supports more than 1,000 residents and clients daily through long-term skilled nursing, short-term rehabilitation, assisted living, memory care, and independent senior housing. For more information, visit www.uhgc.org or call (914) 632-2804.