

## Age Successfully in Place: Your Roadmap to Your Best Retirement



Photo courtesy FountainGate Gardens

**R**etirement is a goal, with plans made for what will be once we're done punching the clock. But once you've settled into it, you might start asking yourself some important questions. Will your current living situation work as you continue to age? Are you prepared for what lies ahead? Many retirees find themselves at a crossroads, still active and independent, yet aware that planning for the future is more urgent than ever. The good news? This is the perfect time to take control of your next chapter.

### Building Your Financial Foundation

Planning for your future starts with honest questions. Is your expected income from pensions, Social Security and investments enough to support the lifestyle you deserve? Can you stay in your current home, or do you need to downsize? Will you be able to manage unexpected expenses like major home repairs or rising property taxes?

This is where Life Plan Communi-

ties change the game. Instead of worrying about surprise costs, you enjoy predictable monthly expenses that cover everything from home maintenance to amenities. No more scrambling to find a contractor or depleting your savings for emergency repairs. You're free to focus your resources on living the retirement you've earned. With financial predictability comes freedom, and with freedom comes the ability to truly enjoy each day.

### Thriving Through Wellness and Connection

Financial security is one part of successful aging, but equally important is staying active, engaged and connected. Are you eating well? Staying physically active? Surrounded by friends and community? Isolation is one of the greatest threats to healthy aging, yet it's all too common when living alone in a big house or far from the activities and people that energize you.

When joining a Life Plan Community,

you're gaining more than a new address; you're joining a vibrant neighborhood of like-minded peers. Imagine starting your morning with a fitness class, attending an afternoon lecture, or enjoying coffee with friends who've become like family. You can stay near family and familiar surroundings while discovering new passions and making meaningful connections. From planned excursions to spontaneous gatherings, you'll find countless opportunities to pursue hobbies you love and explore interests you've always wanted to try.

### Your Home, Your Future, Your Peace of Mind

If you're planning to age in place, take a good look at your family home. Does it feel too big? Are you climbing stairs multiple times a day? Can your doorways accommodate adaptive equipment if needed down the road? These aren't comfortable questions, but they're essential ones.

Life Plan Communities offer something

truly remarkable: the perfect balance of independence and security. You'll enjoy a beautiful, maintenance-free apartment designed for easy living, plus a comprehensive health-care safety net right on campus. Should you ever need additional assistance, from assisted living to skilled nursing care, it's all there. You're not only planning for today; you're securing your future in a place you know, surrounded by people who care about you.

### Live Your Best Life—Today!

You've earned a retirement filled with joy, purpose and connection, free from worry and uncertainty. By choosing a Life Plan Community, you're creating a comprehensive plan for successful aging by protecting your financial security, prioritizing your wellness and ensuring you have the support you need, when you need it. Your best retirement is waiting—it's time to embrace it!

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