# NYSDOH Resident Rights, Grievance Process, and Quality Improvement

June 12, 2024

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# The IPRO QIN-QIO

#### The IPRO QIN-QIO

- A federally-funded Medicare Quality Innovation Network – Quality Improvement Organization (QIN-QIO)
- 12 regional CMS QIN-QIOs nationally

#### **IPRO:**

New York, New Jersey, and Ohio

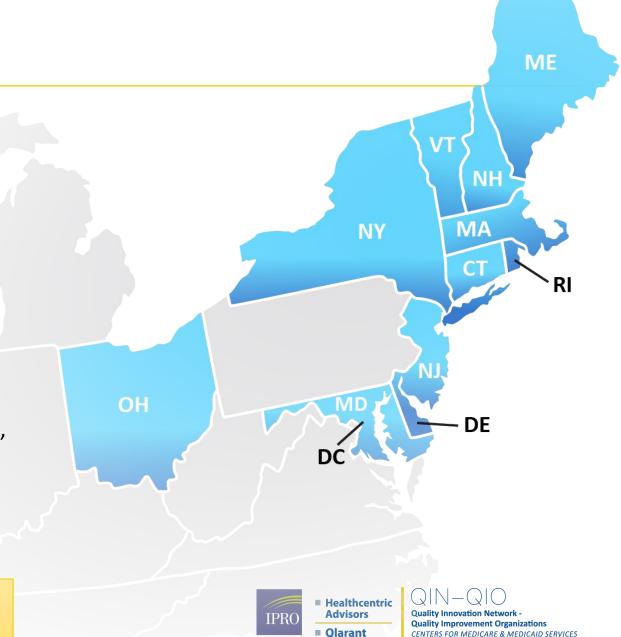
#### **Healthcentric Advisors:**

Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont

#### Qlarant:

Maryland, Delaware, and the District of Columbia

Working to ensure high-quality, safe healthcare for **20% of the nation's Medicare FFS beneficiaries** 



QIN-QIO

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- Overview of federal and state regulations for residents' rights
- Discuss recent deficiencies related to residents' rights
- Understanding the elements of the facility grievance process
- Review a case study



# The Thin Edge of Dignity



https://scarc.library.oregonstate.edu/oh150/weinman/biography.html



## **Resident Rights**



#### New York Codes, Rules, and Regulations

#### Updated 2/24/22

Title: Section 415.3 - Residents' rights | New York Codes, Rules and Regulations (ny.gov)



#### State Operations Manual

SOM - Appendix PP (cms.gov)



# Rights as a Nursing Home Resident

Your Rights as a Nursing Home Resident in New York State (ny.gov)



YOUR RIGHTS AS A NURSING HOME RESIDENT IN NEW YORK STATE

Now State of Health Division of Nursing Homes and ICF/IID Surveillance

2022



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# **Residents' Rights**

- Dignity, respect, and a comfortable living environment
- Quality of care and treatment without discrimination
- Freedom of choice to make your own, independent decisions
- Be informed in writing about services and fees before you enter the nursing home
- The safeguard of your property and money
- Appeal a transfer or discharge with the New York State Department of Health
- Privacy in communications



# Residents' Rights (Cont)

- choose your own schedule, activities, and other preferences that are important to you
- receive visitors of your choosing at the time of your choosing
- an easy-to-use and responsive complaint procedure
- be free from abuse including verbal, sexual, mental, and physical abuse
- be free from financial abuse
- be free from restraints
- exercise all of your rights without fear of reprisals



#### **Dignity and Respect**

What does dignity mean to you?

# What does respect mean to you?



# Entering





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# Dining







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# Quality of Care and Treatment without Discrimination

- Equal access to quality care
- Be told in advance about care and treatment, including all risks and benefits
- Receive adequate and appropriate care
- Be informed of all changes in medical condition
- Refuse medication and treatment
- Refuse chemical and physical restraints



#### **Self-Determination**

- Be informed of your rights and all rules and regulations regarding resident conduct and responsibilities during your stay in the facility
- Be offered choices and allowed to make decisions that are important to you
- Make personal decisions, such as what to wear, when to sleep, or how to spend free time
- Receive services with reasonable accommodations for individual needs and preferences
- Participate in the planning of your care and services
- Self-administer medications if clinically appropriate
- Accept or refuse care and treatment



#### **Self-Determination**

- Manage your own personal finances, or to be kept informed of your finances if you choose to let the facility or someone else manage them for you
- Refuse to perform work or services for the facility
- Choose your attending physician
- Share a room with your spouse if both spouses consent to the arrangement
- Be provided a statement that should you be unable to make your own decisions and be adjudicated incompetent and not be restored to legal capacity, or if a conservator should be appointed for you, these rights and responsibilities shall be exercised by the appointed committee or conservator in a representative capacity
- Be provided a statement at or prior to the time of admission to the facility informing you of your right to make organ, tissue, or whole-body donations, and the means by which you may make such a donation



### **Freedom of Choice**

- Facility schedule events
  - $\circ$  Showering
  - $\circ\, \text{Dining}$
  - $\circ$  Medication administration
  - $\circ \text{Activities}$
- Consider three examples of when or how the residents have freedom of choice
  - $\odot$  Is there an opportunity to improve?



# Transfer or Discharge

- You cannot be sent to another nursing home or made to leave the nursing home unless the transfer or discharge meets the following:
  - $\circ$  Is necessary for your welfare and your needs cannot be met in the facility
  - $\,\circ\,$  Is appropriate because your health has improved sufficiently so you no longer need the services provided by the facility
  - $\circ$  The safety of individuals in the facility is endangered due to your clinical or behavioral status
  - $\,\circ\,$  The health of individuals in the facility would otherwise be endangered
  - You have failed, after reasonable and appropriate notice, to pay for (or to have paid under Medicare or Medicaid) a stay at the facility; *nonpayment rules are clarified*.
  - $\,\circ\,$  The facility ceases to operate
  - Receive 30-day written notice of the facility's plan and reason to discharge or transfer you, except in emergencies
  - $\,\circ\,$  Appeal a transfer or discharge with the New York State Department of Health



### Grievance

#### F585

• "...may voice grievances without discrimination or reprisal for voicing the grievances, and have a right of action for damages or other relief for deprivations or infringements of his or her right to adequate and proper treatment and care established by any applicable statute, rule, regulation or contract; (ii) recommend changes in policies and services to facility staff and/or to any outside representatives, free of interference, coercion, discrimination, restraint or reprisal from the facility and to obtain prompt efforts by the facility to resolve grievances the resident may have, including those with respect to the behavior of other residents;"

SOM - Appendix PP (cms.gov)



### **Facility Grievance Process**

#### • The facility must:

 $\odot$  Establish a grievance policy

 $\odot$  Upon request, provide copy of policy to resident

- Make information on how to file a grievance or complaint available to the resident, including a method to file anonymously
- $\odot$  Make prompt efforts to resolve grievances
- $\odot$  Appoint a grievance official

 $\odot$  Include contact information of independent entities to file grievances with

 Maintain evidence of result of all grievances for no less than three years from date grievance decision was issued



#### When a Grievance Turns Into an Allegation

- Carefully review grievances
- If after investigation there is an allegation of abuse
  - $\odot$  Start your abuse procedure, remembering the reporting requirements



#### **Grievance at Resident Council**

- The facility must consider the views of a resident or family group and act promptly upon the grievances and recommendations of such groups concerning issues of resident care and life in the facility
  - The facility must be able to demonstrate their response and rationale for such response
  - $\odot$  This should not be construed to mean that the facility must implement as recommended every request of the resident or family group



#### **Resident Rights - Deficiency Tags**

Regulatory Group: Resident Rights

Deficiency Tags: F0151 - Right To Exercise Rights - Free Of Reprisal F0152 - Rights Exercised By Representative F0153 - Right To Access/Purchase Copies Of Records F0154 - Informed Of Health Status, Care, & Treatments F0155 - Right To Refuse; Formulate Advance Directives F0156 - Notice Of Rights, Rules, Services, Charges F0157 - Notify Of Changes (Injury/Decline/Room, Etc) F0158 - Right To Manage Own Financial Affairs F0159 - Facility Management Of Personal Funds F0160 - Conveyance Of Personal Funds Upon Death F0161 - Surety Bond - Security Of Personal Funds F0162 - Limitation On Charges To Personal Funds F0163 - Right To Choose A Personal Physician F0164 - Personal Privacy/Confidentiality Of Records F0165 - Right To Voice Grievances Without Reprisal F0166 - Right To Prompt Efforts To Resolve Grievances F0167 - Right To Survey Results - Readily Accessible F0168 - Right To Info From/Contact Advocate Agencies F0169 - Right To Perform Facility Services Or Refuse F0170 - Right To Privacy - Send/Receive Unopened Mail F0171 - Access To Stationery/Postage/Pens, Etc F0172 - Right To/Facility Provision Of Visitor Access F0173 - Allow Ombudsman To Examine Resident Records F0174 - Right To Telephone Access With Privacy F0175 - Right Of Married Couples To Share A Room F0176 - Resident Self-Administer Drugs If Deemed Safe F0177 - Right To Refuse Certain Transfers F0550 - Resident Rights/Exercise Of Rights F0551 - Rights Exercised By Representative F0552 - Right To Be Informed/Make Treatment Decisions F0553 - Right To Participate In Planning Care F0554 - Resident Self-Admin Meds-Clinically Approp F0555 - Right To Choose/Be Informed Attendg Physician F0557 - Respect, Dignity/Right To Have Prsnl Property F0558 - Reasonable Accommodations Needs/Preferences F0559 - Choose/Be Notified Of Room/Roommate Change F0560 - Right To Refuse Certain Transfers F0561 - Self-Determination F0562 - Immediate Access To Resident F0563 - Right To Receive/Deny Visitors F0564 - Inform Visitation Rghts/Equal Visitation Prvl F0565 - Resident/Family Group And Response F0566 - Right To Perform Facility Services Or Refuse F0567 - Protection/Management Of Personal Funds F0568 - Accounting And Records Of Personal Funds F0569 - Notice And Conveyance Of Personal Funds F0570 - Surety Bond-Security Of Personal Funds F0571 - Limitations On Charges To Personal Funds F0572 - Notice Of Rights And Rules F0573 - Right To Access/Purchase Copies Of Records F0574 - Required Notices And Contact Information F0575 - Required Postings F0576 - Right To Forms Of Communication W/ Privacy F0577 - Right To Survey Results/Advocate Agency Info F0578 - Request/Refuse/Dscntnue Trmnt;Formite Adv Dir F0579 - Posting/Notice Of Medicare/Medicaid On Admit F0580 - Notify Of Changes (Injury/Decline/Room, Etc.) F0582 - Medicaid/Medicare Coverage/Liability Notice F0583 - Personal Privacy/Confidentiality Of Records F0584 - Safe/Clean/Comfortable/Homelike Environment F0585 - Grievances F0586 - Resident Council With External Entities

Year Type: Fiscal Year 🗸 Year: 2024 🗸 Quarter: Full Year 🗸 Perce												
Deficiency Count Report												
Pagion	Deficiencies by Scope & Severity											
Region	в	С	D	E	F	G	Н	I	J	к	L	Total
New York	7	1	110	38	2	0	2	0	2	1	1	164

#### Regulatory Group: Resident Rights

Deficiency Tags: F0151 - Right To Exercise Rights - Free Of Reprisal

F0152 - Rights Exercised By Representative

F0153 - Right To Access/Purchase Copies Of Records

- F0154 Informed Of Health Status, Care, & Treatments
- F0155 Right To Refuse; Formulate Advance Directives

F0156 - Notice Of Rights, Rules, Services, Charges



# **Deficiency Tags**

F0550	Honor the resident's right to a dignified existence, self-determination, communication, and to exercise his or her rights and in an environment that promoted maintenance or enhancement of quality of life Administration of insulin in hallway, fingerstick in hallway; staff standing while assisting with meals; staff placing on clothing protector without asking permission; did not provide privacy during care (door and/or curtain open during care often, or without covering within view of others often); did not have appropriate footwear for community visits outside the facility and had bed linens that were in poor conditions; restricted from going out on pass without explanation.
F0568	The facility did not ensure individual resident financial records were made available to resident and resident representatives through quarterly statements.
F0580	Failure to immediately tell the resident, the resident's doctor, and a family member of situations (injury/decline/room, etc.) that affect the resident.
F 0561	Support of resident choice. Preferred number of showers per week were not obtained and not provided.
F 0584	Failed to provide residents with a safe, clean, comfortable, and homelike environment.



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#### F0578 - Advance Directives

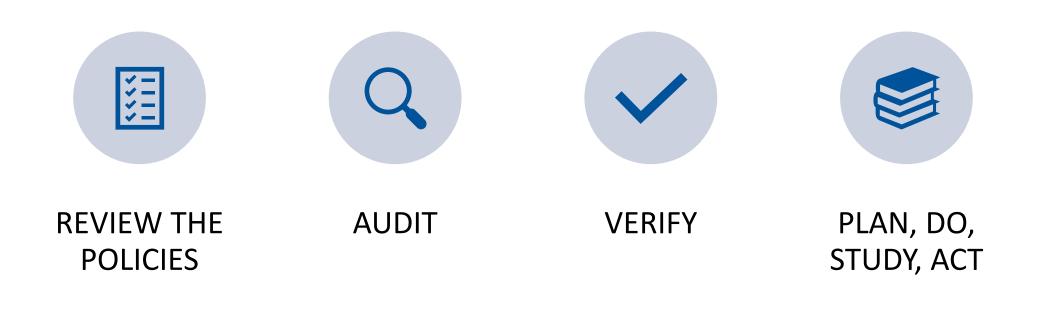
 Honor the resident's right to request, refuse, and/or discontinue treatment, to participate in or refuse to participate in experimental research, and to formulate an advance directive

Not consistent with resident wishes (IV and antibiotics)
 The facility failed to ensure residents' advance directive (code status) identifiers were consistently documented <sup>1</sup>

 $\odot$  Staff interviews regarding facility policies posed likelihood of harm  $^2$ 

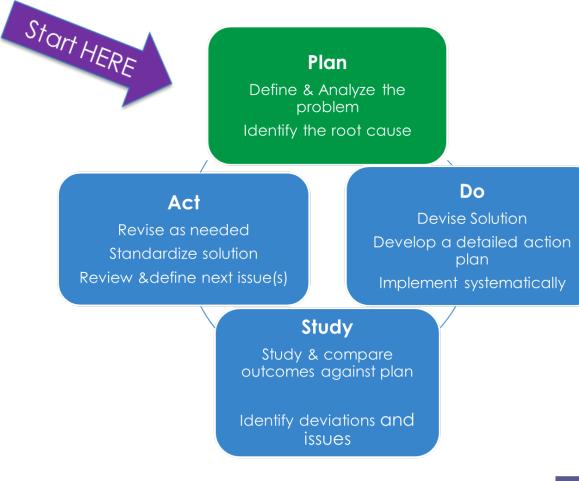


#### **Quality Improvement Ideas**





#### Model for Improvement: Plan, Do, Study, Act





#### **Assess Your Current State**

There are many potential factors in healthcare that can have a negative impact on individuals.

Bias manifests differently in different situations, people, and environments and requires a different approaches to address.

Start with looking at your organization's population for staff and the individuals who are cared for.

#### **Eliminating Stigma Toolbox**

Implicit bias and stigma are potential factors in perpetuating healthcare disparities and have a negative impact on the patients who experience them. Organizations committed to advancing health equity will make it a priority to acknowledge and mitigate these forms of discrimination. Each manifests differently and requires a different approach to address.

#### QUICK PRIMER

#### What is implicit bias?



Implicit bias is the unconscious collection of stereotypes and attitudes that are developed toward certain groups of people or situations that affect understanding, actions, and decision-making.<sup>1</sup> All humans have a natural tendency to make assessments based on characteristics such as race, ethnicity, age, gender, sexual orientation, and disability status. These assessments, which can be favorable and unfavorable, are triggered involuntarily in as little as a tenth of a second.<sup>2,3</sup> While this process saves cognitive resources, it also allows bias to influence how we register the information without our awareness. This makes implicit bias difficult to control and fix.

Implicit biases often do not reflect our declared core values and beliefs. As a result, our decisions and actions will contradict our stated intentions, no matter how strongly we are committed to them.<sup>5</sup> What we say about ourselves, to ourselves and to others, is not consistent with what is happening internally. This universal phenomenon can lead to discriminatory behaviors or actions that perpetuate healthcare disparities.



### **Organizational Assessment**

To assess your organization and determine if there are gaps in providing respect, dignity, and equitable care for all your residents.

Organizational assessment and step-by-step guide to address gaps.

Health Equity Organizational Assessment (HEOA) Executive Audience: How the HEOA can lower your financial risk and help achieve the Triple AIM

#### Health Equity

#### Be Deliberate in Improving Your Scores

Achieving Health Equity is about taking a strategic approach to integrating equity across all quality improvement initiatives to ensure that all patient populations receive the same level of care, regardless of demographic characteristics.

When you identify any groups of patients with quality, outcomes, safety or experience scores lower than the rest, concentrate on these groups and take deliberate action to improve their scores.

Disparities occur across many dimensions, so look for differences by race, ethnicity, and language (REaL), as well as factors such as socioeconomic status, housing, access to transportation, food security, income, education level, occupation, and geographic location.

"There can be no progress on health care quality and population health without health equity."<sup>4</sup> Health systems are increasingly focused on managing the health of populations as new payment structures hold them accountable for partial or full risk for the health of every patient they serve. It is more important than ever to consider the financial risk associated with allowing health disparities to persist. According to a 2018 study, health disparities cost \$93 billion in excess medical costs and \$42 billion in lowered productivity each year in the U.S.<sup>1</sup>

Racial/ethnic minorities and individuals with limited English proficiency (LEP) in the U.S. are more likely to suffer an adverse event, have inappropriate and often costly tests, have longer hospital stays, be readmitted to the hospital, and incur ambulatory-sensitive hospitalizations, Racial/ethnic minorities and individuals with lower socioeconomic status are more likely to have multiple chronic health conditions, and thus higher health care costs.<sup>2</sup> It is projected that people of color will account for over half of the population in our country by 2050, making it imperative to address disparities.<sup>3</sup>

#### Leaders should ask themselves...

- "How do I know if we have disparities and how can I prevent disparities that exist in our patient outcomes?"
- "How can I create a culture and system that reduces disparities to improve quality, save lives and reduce cost?"

According to a 2021 poll of U.S. healthcare professionals conducted by the institute for Healthcare Improvement (IHI), the top barrier to advancing health equity cited by C-Suite leaders is inconsistent collection of equity-related patient data. The HEOA will help you assess your organization's ability to collect, validate and stratify patient demographic data, as well as evaluate the capability of your existing organizational infrastructure to prioritize and take action on disparities to ensure equitable outcomes across all patient populations your organization serves.

#### **HEOA Assessment Categories:**

- 1. Data Collection
- 2. Training on Data Collection
- 3. Data Validation
- 4. Data Stratification
- 5. Communicate Findings
- 6. Address and Resolve Gaps in Care
- 7. Organizational Infrastructure & Culture

 Turner A. (2018). The Business Case for Racial Equity: A Strategy for Growth. W.R. Kellogg Foundation and Altarum. Access at https://wkkf.issuelab.org/resource/business-case-for-racial-equity.html.

 Wyatt R, Laderman M, Botwinick L, Mate K, Whittington J. (2016). Achieving Health Equity: A Guide for Health Care Organizations. HI White Paper. Cambridge, Massachusetts: Institute for Healthcare Improvement. Access at http://www.hi.org/resources/Pages/HIWWIRePapers/Achieving-Health-Equity.aspx.



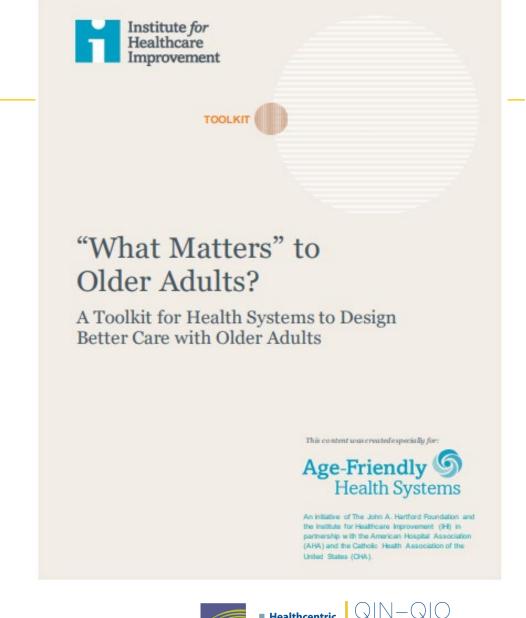
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<u>Health Equity Organizational Assessment (HEOA)</u> <u>Resources – IPRO QIN-QIO Resource Library</u>

## What Matters?

• What Matters to Older Adults?

 How to incorporate this information into the care plan



Template for Corporate and Internal Documents (IT Manual, Board Meeting Materials) - Accessible (ihi.org)



#### Process

- How often does your organization interview the individuals who live there to receive feedback?
  - What is the response to the interviews?
  - $\odot$  Does your organization re-interview to determine if the issue was resolved?
- Does your organization wait for grievances or complaints?



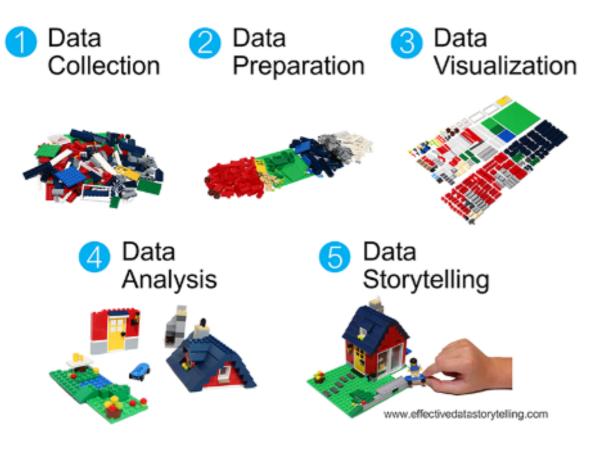
#### **Expectations and Experiences**

- What is the expectation for each individual?
- Does your organization have a system for measuring how the individual is feeling?
- What experience are we providing?
- What experience do we want to provide?

<u>The Difference Between Patient Experience and Customer Experience,</u> and Why It Matters - Patient Safety & Quality Healthcare (psqh.com)



## Using Data





### **Community Involvement**

- Past relationships
- New relationships



Image: Second	Neighborhood barber         Image: Constraint of the second s							
Lifelong Learn U Weather Stars/34	Contribute your expertise, skills, and experiences to support us in enriching the lives of nursing home residents. Your involvement will make a difference!							
Photographic Book on Military     Computer/Inter History Military     Guest Speakers: Voting Assistance	Please complete below to indicate your interest in parti							
	Your name:	How would you like to be involved? (please check as many as apply)						
Games□ Board Games□ Control□ Yahtzee□ Checkers /Chess□ Brid□ Card games□ Checkers /Chess□ Brid	Name of designee (if applicable): Organization name:	Engage other community leaders in participating as members of the Neighborhood Enrichment Team. Offer your time to share a skill, your						
<ul> <li>□ Card get</li> <li>Other:</li> <li>Travel, Trips, and outings:</li> <li>□ Movie night with follow-up hobby, activi</li> <li>□ Movie night with follow-up hobby, activi</li> <li>□ Scenic rides</li> <li>□ Farmers market</li> <li>□ Concerts</li> <li>□ Restaurants</li> <li>□ I</li> </ul>	Organization address:	expertise, or a resource.     Participate in meetings as a community member.     Other – Please specify below.						
Concerts	Phone number:							
Comedy Plays/Musicals	Email address:	For more information contact the facility						
Casino         Facility Events:       □ Group d         □ Happy hour       □ Karaoke         □ Bands/concerts/singers       □ Karaoke								
□ Bands/convergence events □ Clubs □ Nursing Home Fraternity/Sorority □ Culturally specific Club (Italian/Spa □ Culturally specific Club (Italian/Spa □ Other interests not discussed:	IPRO     Interface and the second secon	prepared by PRO QIN QL Q, Q QLBY Innovation Network Quality improvement contract with the Central Konfection Review (Addit Services (CNA), an equity timet of Health and Homan Services. Views expressed in this material do not the official views or poly of LASS or Net X, and any reference to a specific herein does not constitute endonement of that product or entity by CMS or 23500H9RB-QIN-T3-AA-23-3107 [[242]48] v5 v6						



#### Case Study

- Resident Sally Smith lives in a long-term care facility. She moved to a new room to be closer to her friends last month. The Room 201 is on the shower list for Tuesdays at 1100 AM. Mrs. Smith's favorite activity of the week is on Tuesday at 1100.
  - $\odot$  Do you have any concerns?
  - Could this be a scenario that you have witness in your experience?
  - $\odot$  We talked about residents' rights today; do you have a concern for rights issue in this case study?



#### Case Study - Resident Council

- Mrs. Smith is feeling a lot of stress over shower days. Her regular caregiver is wonderful and gives her shower before 10 AM but the caregiver is off every other Tuesday. Mrs. Smith mentions in resident council that she is missing her favorite activity because of the timing of her shower and would really like to have her shower on a different day.
  - $\odot$  What would your next step be?
  - $\odot$  What could have the caregiver done differently?
  - $\odot$  Can this issue be solved?
  - $\odot$  Would you file this as a grievance?
  - $\odot$  Review for a widespread issue



### Questions:





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# Thank You!



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